

House Cleaning

I don't know many people that enjoy cleaning their house. Sweeping and mopping floors, cleaning dishes, wiping benches, and dusting shelves is certainly not my idea of a good time. Something I've noticed about cleaning my house is that the longer I leave it, the worse it gets; and the worse it gets, the longer I leave it.

Often in order to change the cycle of procrastination, you need a new start. When you move into a new house, you're given the opportunity to start with a perfectly clean house and all you need do is keep it clean...easier said than done.

This same cycle often happens in our lives. We have issues in our lives that we don't want to deal with so we just leave them. The longer we leave these issues, the bigger they become and the less likely we are to address them. Issues like broken relationships, family breakdown, ongoing struggle with addiction and habitual sin are just some of the issues we allow to continue in our lives. Our conscience tells us we need to address them but our guilt and shame prevents us from facing them.

In order to deal with issues in our lives, we need to address the guilt and shame associated with them, so that the conviction remaining motivates us to change. The only way to deal with guilt and shame is to come before God in genuine repentance (be genuinely sorry) and ask God to forgive you.

God will forgive you if you ask him, and guilt and shame will be lifted from your life. With God's forgiveness comes a clear conscience, you will be able to forgive yourself and properly address the issues in your life.

God wants to give you a 'clean house' but he wants you to ask him for it. "For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened." (Mt 7:8)

- Peter Pellicaan (Outreach Pastor)